

Sunday

Monday

Tuesday

Wednesday

Thursday


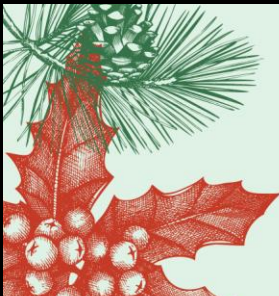

Friday

Saturday

# December 2018

## Assisted Living Calendar



<p>10:00 Morning Prayer-PDR 11:00 First Baptist Church Sunday Service-WLTX 2:45 Chapel Service w/Chaplain Bredholt-MPR</p> <p><b>2</b></p>	<p>9:30 Chair Aerobics-MPR <u>10:30 Bus departs for Sparkle Nail Spa-FL</u> 2:00 Mystery Ride-FL 3:30 Aviary Care-FL</p> <p><b>3</b></p> <p>First Day of Hanukkah</p>	<p>9:30 Arthritis Exercise Program-MPR 11:00 Bus departs for Tuesday w/Friends-FL 2:00 Bingo-MPR 3:30 Christmas Music &amp; Cookies</p> <p><b>4</b></p>	<p>BARBER SERVICE 9:30 A Matter of Balance Exercise-MPR <u>12 noon Birthday Luncheon-DR</u> <u>2:00 Christmas Craft-MC</u> (making gingerbread house)</p> <p><b>5</b></p>	<p>BEAUTY SHOP 9:30 Arthritis Foundation Exercise-MPR 10:30 Movie on unit <u>12noon Captain's Table-PDR</u> <u>6:30-8 Christmas Drop-In (Dining Room)</u></p> <p><b>6</b></p>	<p>9:30 Warm up then stair Climb-MPR <u>11:00 Bus departs for lunch out-TBA</u> <u>12-2pm Mary Kay Pampering Session-MC</u> <u>3-5pm Wine &amp; Design ACR</u></p> <p><b>7</b></p>	<p>9:30 Coffee &amp; Conversation-PDR 10:30 Social Circle-FL 2:30 Movie on unit</p> <p><b>1</b></p>
<p>10:00 Morning Prayer-PDR 11:00 First Baptist Church Sunday Service-WLTX <u>1:30 Bus departs for the Singing Christmas Tree-FL</u> 2:45 Chapel Service w/Chaplain Bredholt-MPR</p> <p><b>9</b></p>	<p>9:30 Chair Aerobics-MRP <u>10:30 Bus departs for Sparkle Nail Spa-FL</u> <u>2:30 Pizza Social-MC</u> 3:30 Aviary Care-FL</p> <p><b>10</b></p>	<p>9:30 Arthritis Exercise Program-MPR <u>12:30 Christmas Caroling in Dining Room</u> 2:00 Bingo-MPR <u>6:00 Bus departs for Saluda Shoals Christmas lights-FL</u></p> <p><b>11</b></p>	<p>9:30 A Matter of Balance Exercise-MPR <u>2:00 Movie on the big screen Miracle on 34<sup>th</sup> Street-MPR</u> (serving cookies &amp; eggnog)</p> <p><b>12</b></p>	<p><u>BEAUTY SHOP BLOOD DRIVE/ARBOR</u> 9:30 Inside strolls 10:30 Scripture &amp; Song-MPR 3:30 Bridge Game-PDR</p> <p><b>13</b></p>	<p>9:30 Warm up then stair Climb-MPR 10:30 Trivia-MC 2:30 Christmas Movie on unit 3:30 Aviary Care-FL</p> <p><b>14</b></p>	<p>9:30 Coffee &amp; Conversation-PDR <u>11-3 Christmas Shopping-ACR</u> 2:00 Book Club-Library (come and share or hear reviews)</p> <p><b>15</b></p>
<p>10:00 Morning Prayer-PDR 11:00 First Baptist Church Sunday Service-WLTX 2:45 Chapel Service w/Chaplain Bredholt-MPR</p> <p><b>16</b></p>	<p>SPirit WEEK <u>Wear Christmas Hat Day</u> 9:30 Chair Aerobics-MPR 10:30 History w/John Miles-MPR 2:30 Wine &amp; Cheese Social-MC <u>3:30 Bible study w/EGKM-MPR</u></p> <p><b>17</b></p>	<p><u>Wear Red &amp; Green Day</u> 9:30 Arthritis Foundation Exercise-MPR 10:30 Christmas 2:00 Bingo-MPR 3:30 Christmas Music &amp; Cookies</p> <p><b>18</b></p>	<p><u>BARBER SERVICE SNOWMAN DAY</u> 9:30 A Matter of Balance Exercise-MPR 10:30 Movie on unit <u>2:00 Guitar music w/Stan-MPR</u> <u>3:30 Pet Therapy visits w/Marcia &amp; Scamp</u></p> <p><b>19</b></p>	<p>BEAUTY SHOP <u>JINGLE BELL DAY</u> 9:30 Arthritis Foundation Exercise-MPR 10:30 Scripture &amp; Song-MPR <u>2:30 Monthly Birthday Social-MC</u> 3:30 Bridge Game-PDR</p> <p><b>20</b></p>	<p><u>Ugly Sweater Day</u> 9:30 Warm up then stair Climb-MPR <u>10:00 Christmas Trivia-MC</u> 2:30 Christmas Movie on unit 3:30 Aviary Care-FL</p> <p><b>21</b></p> <p>Winter Begins</p>	<p>9:30 Coffee &amp; Conversation-PDR 2:30 Christmas Movie on unit</p> <p><b>22</b></p>
<p>10:00 Morning Prayer-PDR 11:00 First Baptist Church Sunday Service-WLTX 2:45 Chapel Service w/Chaplain Bredholt-MPR</p> <p><b>23</b></p>	<p>CHRISTMAS EVE 10:30 Christmas music &amp; cookies on unit <u>7:30 Christmas Eve Service w/Chaplain Bredholt-MPR</u></p> <p><b>24</b></p>	<p> Christmas Day</p> <p><b>25</b></p>	<p>9:30 Inside strolls 10:30 Movie on unit <u>5:30 Ukulele Music w/Sydney Jackson-DR</u></p> <p><b>26</b></p> <p>Kwanzaa Begins</p>	<p>BEAUTY SHOP 9:30 Arthritis Foundation Exercise-MPR 10:30 Scripture &amp; Song-MPR 3:30 Bridge Game-PDR</p> <p><b>27</b></p>	<p>9:30 Warm up then stair Climb-MPR <u>10:30 Music w/Pastor Ron &amp; Jackie-MPR</u> 3:30 Aviary Care-FL</p> <p><b>28</b></p>	<p>9:30 Coffee &amp; Conversation-PDR 2:30 Movie on unit</p> <p><b>29</b></p>
<p>10:00 Morning Prayer-PDR 11:00 First Baptist Church Sunday Service-WLTX 2:45 Chapel Service w/Chaplain Bredholt-MPR</p> <p><b>30</b></p>	<p><u>Podiatrist Dr. Kish</u> 9:30 Chair Aerobics-MPR <u>10:00 Apple Cider &amp; Cookies-MC</u> 2:00 Movie on unit 3:30 Aviary Care-FL</p> <p><b>31</b></p> <p>New Year's Eve</p>	<p></p> <p style="text-align: center;">Activity Location</p> <p style="text-align: center;"><b>Multi-Purpose Room-MPR</b>    <b>Conference Room-CR</b> <b>Myrtle Court-MC</b>        <b>Front Lobby-FL</b> <b>Library-L</b>                <b>Arbor Community Room</b>                                      <b>Outing-O</b>                                      <b>Private Dining Room-PDR</b></p> <p style="text-align: right;"></p>				

Activities are subject to change. Any change in schedule will be posted. 9am Prayer Mon-Fri in the Library. Everyone is invited.