

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Assisted Living Calendar



NATIONAL WEAR RED DAY 1

9:30 Warm-up/Stairs-MPR
1030 Movie on unit
2:00 Groundhog Day Trivia-On unit
3:30 Aviary Care-FL

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9:30 Coffee & Conversation-PDR
10:30 Social Circle-FL
2:30 Movie on Unit

Groundhog Day

10:00 Morning Prayer-PDR
11:00 First Baptist Church
Sunday Service-WLTX
2:45 Chapel Service w/Chaplain Mark-MPR
6:30 Super Bowl Sunday Social-MPR
(enjoy the game w/drinks & snacks)-MPR

9:30 Chair Aerobics-MPR
10:30 Sparkle Nails
2:00 Bingo-MPR
3:30 Aviary Care-FL

9:30 Arthritis Foundation
Exercise Program-MPR
11:00 Bus departs for Tuesday w/friends-FL
2:30 Chinese New Year Social-MPR

Chinese New Year

9:30 A Matter of Balance
Exercise-MPR
10:30 Board Games on unit
2:00 Mystery Ride
3:30 Aviary Care-FL

BEAUTY SHOP
9:30 Arthritis Foundation
Exercise Program-MPR
10:30 Scripture & Song-MPR
2:30 Star of the Month "Oprah Winfrey" Presentation-MPR

No Exercise
9:00 Bus departs for Shriners Circus & Lunch-FL
2:30 Art Club w/Sharon-MPR
3:30 Aviary Care-FL

9:30 Get together w/Chaplain Mark-PDR
10:30 "Ardie's Bead" Jewelry Sale -FL
2:30 Movie on Unit

10:00 Morning Prayer-PDR
11:00 First Baptist Church
Sunday Service-WLTX
2:45 Chapel Service w/Chaplain Mark-MPR

9:30 Chair Aerobics-MPR
10:30 Bingo-MPR
2:30 Pizza Social-MC
3:30 Aviary Care-FL

9:30 Arthritis Foundation
Exercise Program-MPR
10:15 Bus departs for Laura's Tea Room for lunch-FL
2:30 Movie on unit

9:30 A Matter of Balance
Exercise-MPR
10:30 Board Games on unit
2:00 Remembering Valentine's w/Alex-MPR
3:30 Aviary Care-FL

BEAUTY SHOP
9:30 Arthritis Foundation
Exercise Program-MPR
10:30 Scripture & Song-MPR
12:00 Piano music w/John McCullough-DR
3:00 Tea w/Chaplain Mark-LL

Valentine's Day

9:30 Warm-up/Stairs-MPR
1030 Movie on unit
2:00 Movie of the Month... "Selma"-MPR
3:30 Aviary Care-FL

9:30 Coffee & Conversation-PDR
10:30 Social Circle-FL
2:00 Book Club-L
(come and share or hear reviews)

10:00 Morning Prayer-PDR
11:00 First Baptist Church
Sunday Service-WLTX
2:45 Chapel Service w/Chaplain Mark-MPR

9:30 Chair Aerobics-MPR
10:30 History w/John Miles... "Mary Queen of Scots"-MPR
10:30 Sparkle Nails
2:30 Wine & Cheese Social-LL
3:30 Bible Study w/EGKM-LL
3:30 President's Day Trivia-MC

Presidents' Day (US)

9:30 Arthritis Foundation
Exercise Program-LL
10:30 Movie on unit
2:00 Bingo-MPR

9:30 A Matter of Balance
Exercise-MPR
10:30 Board Games on unit
2:00 Guitar Music w/Stan-MPR
3:30 Aviary Care-FL

BEAUTY SHOP
9:30 Arthritis Foundation
Exercise Program
10:30 Scripture & Song-MPR
2:30 Movie on unit
3:30 Bridge Games-PDR

9:30 Warm-up/Stairs-MPR
1030 Music w/Pastor Jackie & Ron-MPR
11:30 Bus departs for Lunch-O
2:30 Board Games on unit
3:30 Aviary Care-FL

9:30 Coffee & Conversation-PDR
10:30 Social Circle-FL
2:30 Movie on Unit

10:00 Morning Prayer-PDR
11:00 First Baptist Church
Sunday Service-WLTX
2:45 Chapel Service w/Chaplain Mark-MPR

9:30 Chair Aerobics-MPR
10:30 Traveling the Underground Railroad Presentation-MPR
2:30 Monthly Birthday Celebration-MC
3:30 Aviary Care-FL

9:30 Arthritis Foundation
Exercise Program-MPR
10:30 Bingo-MPR
3:30 Trivia on unit

BARBER SERVICE
9:30 A Matter of Balance
Exercise-MPR
10:30 Board Games on unit
3:30 Word Search
Wednesday's-MC
5:00 Ukulele Music w/Sydney Jackson-DR

BEAUTY SHOP
9:30 Arthritis Foundation
Exercise Program-MPR
10:30 Scripture & Song-MPR
2:30 Movie on unit
3:30 Trivia on unit

Activity Locations
Multi-Purpose Room-MPR
Laurel Lane-LL
Library-L
Front Lobby -FL
Private Dining Room-PDR
Outing-O
Dining Room-DR



Activities are subject to change. Any change in schedule will be posted. 9am Prayer Mon-Fri. Everyone is invited to attend.