

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ACTIVITY LOCATIONS:
 Multi-Purpose Room-MPR
 Main Dining Room-MDR
 Private Dining Room-PDR
 Garden Floor-GF
 Laurel Lane-LL
 Front Lobby-FL
 Front Porch-FP

Fitness Room-FR

January 2026



1 9:30 Morning stretches-MPR
 10-11 Blood Pressure & Weight Clinic-FR
 2:00 Movie on the Big Screen W/popcorn-MPR

2 Puzzle table located on the 2nd floor

 3 Bird aviary located on the 2nd floor across from the MPR

Rice Estate INDEPENDENT LIVING CALENDAR

11:00 Inspirational TV (WLTX)

2:00 Worship Service w/ Pastor John-MPR/Chapel

4 **Nails** Nail Tech Services 5 (pet visits with Preston available by request-1-717-891-5503)
 9:00 Morning stretches-MPR
 10:00 Shopping Shuttle (Walmart)-GF
2:00 Kimberly Richardson (speaker) on Health, Mind, Body & Spirit-MPR
3:00 Calendar Review-PDR

9:30 Arthritis Exercise-MPR 6 **Beautician Services**
 10:00 Morning Motivation-MPR

2:00 Bingo-MDR
3:15 Dining Committee Meeting-MDR

7 9:30 Arthritis Exercise Class-MPR
 9:30 Morning Exercises-MPR
12 Noon Prayer w/Pastor John
2:00 Bible Study w/Pastor John-MPR

8 9:30 Arthritis Exercise Class-MPR
10:30 Scripture, Prayer, & Song w/ Pastor John-MPR
2:00 Jim Koltuniak (pianist) MPR

9 9:30 Morning stretches-MPR
 10-11 Blood Pressure & Weight Clinic-FR
3:00 New Year Sweet Treat Social w/Trivia-MPR

10 Puzzle table located on the 2nd floor

2:00 Reflections of Bluegrass Band Performance-MPR
 Bird aviary located on the 2nd floor across from the MPR

11:00 Inspirational TV (WLTX)

2:00 Worship Service w/ Pastor John-MPR/Chapel

11 **Nails** Nail Tech Services 12 (pet visits with Preston available by request-1-717-891-5503)
 9:30 Morning stretches-MPR
 10:00 Coffee & Conversation-MPR
2:00 James Steamer (photographer) slideshow Of travels-MPR

LIBRARIAN SERVICES
Barber Services
 9:30 Arthritis Exercise-MPR
 10:00 Morning Motivation-MPR
10:30 Paul & Karla Hughes (music show)-MPR

2:00 Bingo-MDR

13 **Beautician Services**
 9:30 Morning Exercises-MPR
 10:30 Coffee, Coco & Conversation-MPR
12 Noon Prayer w/Pastor John
2:00 Hot Coco Bar (hosted by Lutheran Hospice)-MPR

14 9:30 Arthritis Exercise Class-MPR
 9:30 Morning Exercises-MPR
10:30 Scripture, Prayer, & Song w/ Pastor John-MPR
3:00 Hand & Foot Card Game MDR

15 9:30 Arthritis Exercise Class-MPR
 10-11 Blood Pressure & Weight Clinic-FR
11:15 Bus Departs For The Pancake House (Lunch Bunch Outing)-GF
2:00 Left, Right, Center Dice Game-PDR

16 Puzzle table located on the 2nd floor

2:00 BINGO w/ ROD
 Rhema outreach Department-MPR
 Bird aviary located on the 2nd floor across from the MPR

11:00 Inspirational TV (WLTX)

2:00 Worship Service w/ Pastor John-MPR/Chapel

18 **Nails** Nail Tech Services 19 (pet visits with Preston available by request-1-717-891-5503)
 9:00 Morning stretches-MPR
 10:00 Shopping Shuttle (Walmart)-GF
2:00 MLK Celebration & Trivia-MPR

20 9:30 Arthritis Exercise-MPR
 10:00 Morning Motivation-MPR
10:30 New Year, New You, Healthy Aging-MDR
1:45 Bus Departs for Tuesday w/Friends @ The Beth Shalom Synagogue-GF

21 **Beautician Services**
 9:30 Morning Exercises-MPR
10:30 Art Class with Artist, Sharon Funderburk-MPR
12 Noon Prayer w/Pastor John
2:00 Clouds Creek Band-MPR

22 9:30 Arthritis Exercise Class-MPR
10:30 Crafty Creations w/Debbie-MPR
 10-11 Blood Pressure & Weight Clinic-FR
2:00 Vocalist, Jennings Michaels (performing Broadway shows-MPR)

23 9:30 Morning stretches-MPR
10:30 Crafty Creations w/Debbie-MPR
 10-11 Blood Pressure & Weight Clinic-FR
2:00 Winter's Snowman Fun MPR

24 Puzzle table located on the 2nd floor

 Bird aviary located on the 2nd floor across from the MPR

11:00 Inspirational TV (WLTX)

2:00 Worship Service w/ Pastor John-MPR/Chapel

25 **Nails** Nail Tech Services 26 (pet visits with Preston available by request-1-717-891-5503)
 9:00 Morning stretches-MPR
 10:00 Shopping Shuttle (Dollar Tree/Family Dollar)-GF
2:00 Doug Baker-MPR
3:00 Birthday Celebration-MPR

Barber Services
 9:30 Arthritis Exercise-MPR
 10:00 Morning Motivation-MPR

2:00 Bingo-MDR

27 **Beautician Services**
 9:30 Morning Exercises-MPR
12 Noon Prayer w/Pastor John
2:00 Bible Study w/Pastor John-MPR

28 9:30 Arthritis Exercise Class-MPR
 9:30 Morning Exercises-MPR
10:30 Scripture, Prayer, & Song w/ Pastor John-MPR
2:00 Left, Right, Center Dice Game-PDR

29 9:30 Arthritis Exercise Class-MPR
 10-11 Blood Pressure & Weight Clinic-FR
2:00 Movie on the Big Screen W/popcorn-MPR

30 Puzzle table located on the 2nd floor

 Bird aviary located on the 2nd floor across from the MPR