

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ACTIVITY LOCATIONS:  
MULTI-PURPOSE ROOM-MPR  
MAIN DINING ROOM-MDR  
PRIVATE DINING ROOM-PDR  
GARDEN FLOOR-GF  
COURT YARD-CY  
FRONT PORCH-FP

# NOVEMBER 2024



## INDEPENDENT LIVING CALENDAR



9:00 Walking Club-FL **1**  
10-11 Blood Pressure & Weight Clinic-FR  
  
10:30 All Saints Day Remembrance Service-MPR  
1:45 Nail Salon @ Sparkle Nails-GF  
Diwali (Hindu)

**Fall Festival**  
  
2-4 PM-Outdoors  
**Invite Family & Friends**

11:00 Inspirational TV (WLTX)  
2:00 Worship Service w/ Pastor John-MPR/Chapel  
  
**WORSHIP**  
Daylight Saving Time Ends

**3 Nail Tech Services 4**  
9:00 Walking Club-FL  
10:00 Shopping Shuttle (Walmart)-GF  
  
2:00 IL Calendar Review-PDR

**5** 9:30 Arthritis Exercise-MPR  
10:00 Morning meditation & conversation-MPR  
2:00 Bingo-MDR  
  
3:00 Porch Pals-FP

**6** 9:00 Walking Club-FL  
10:00 Coffee & Tea Social-MPR  
  
12:00 Prayer @ the flag pole  
**2:00 Bible Study w/ Pastor John-PR**

**7** **Beautician Services**  
9:30 Arthritis Exercise-MPR  
**10:30 Scripture, prayer, & Song w/ Pastor John-MPR**  
**2:00 Creative Writers Alliance-sharing special writings & memories-MPR**  
3:00 Left, Right, Center Dice Game-PDR

**8** 9:00 Walking Club-FL  
10-11 Blood Pressure & Weight Clinic-FR  
  
2:00 Afternoon Fitness Class-MPR

**9** Puzzles Table located on the 2<sup>nd</sup> floor  
**2:00 Reflections of Bluegrass Band-MPR**  
  
Bird Aviary located on the 2<sup>nd</sup> floor across from the MPR

11:00 Inspirational TV (WLTX)  
**1:45 Bus Departs for the Town Theatre (Something's Afoot)- GF**  
2:00 Worship Service w/Pastor John-MPR/Chapel

**10 Nail Tech Services 11**  
9:00 Walking Club-FL  
**10:30-Trenholm Road UMC Francis Foster Circle hosting (Veterans Social)- Arbor Community Room (All Veterans invited-Transportation provided)**  
**2:30 The Whitings Jazz Duo-MPR**  
Veterans Day Remembrance Day (Canada)

**12** **Librarian Services Barber Services**  
9:30 Arthritis Exercise-MPR  
**10:30 Cruise Ship Entertainers, Paul & Karla Hughes-MPR**  
**1:45 Bus Departs for Beth Shalom Synagogue, Tuesday w/ Friends-GF**

**13** 9:00 Walking Club-FL  
10:00 Morning Stretches-MPR  
  
12:00 Prayer @ the flag pole  
**2:00 Thrivent Workshop-Your Legacy Plan-MPR**

**14** **Beautician Services**  
9:30 Arthritis Exercise-MPR  
**10:30 Scripture, prayer, & Song w/ Pastor John-MPR**  
**2:00 Pianist Jim Koltuniak-MPR**

**15** 9:00 Walking Club-FL  
10-11 Blood Pressure & Weight Clinic-FR  
  
**10:45 Bus Departs for Lunch Bunch Outing @ Backstreet Grill-GF**  
**3:30 Photographer James Steamer Presentation-MPR**

**16** Puzzles Table located on the 2<sup>nd</sup> floor  
  
3:00 Left, Right, Center Dice Game-PDR

11:00 Inspirational TV (WLTX)  
2:00 Worship Service w/ Pastor John-MPR/Chapel  
  
**WORSHIP**

**17 Nail Tech Services 18**  
9:00 Walking Club-FL  
10:00 Shopping Shuttle (Walmart)-GF  
  
2:00 Afternoon Exercises-MPR

**19** 9:30 Arthritis Exercise-MPR  
**10:30-Craft Class with Oak Street Health-MPR**  
2:00 Bingo-MDR  
  
3:00 Golf Cart Rides-FL

**20** 9:00 Walking Club-FL  
**10:30 Gospel & Oldies w/ The McFaddins-MPR**  
12:00 Prayer @ the flag pole  
**2:00 Wellness Wednesday Presentation with Healthpro Heritage**  
3:00 Porch Pals-FP

**21** **Beautician Services**  
9:30 Arthritis Exercise-MPR  
**10:30 Scripture, prayer, & Song w/ Pastor John-MPR**  
**2:00 IL Resident Meeting with Administrator Daniel-MPR**  
**4PM-Happy Hour Social-DR/Courtyard-Weather permitting**

**22** 9:00 Walking Club-FL  
10-11 Blood Pressure & Weight Clinic-FR  
  
**2:00 Favorite Tunes w/ Marguerite Young-MPR**

**23** Puzzles Table located on the 2<sup>nd</sup> floor  
**2:00 Amick Junction Bluegrass Band-MPR**  
  
Bird Aviary located on the 2<sup>nd</sup> floor across from the MPR

11:00 Inspirational TV (WLTX)  
2:00 Worship Service w/ Pastor John-MPR/Chapel  
  
**WORSHIP**

**24 Nail Tech Services 25**  
9:00 Walking Club-FL  
10:00 Shopping Shuttle to Dollar Tree/Family Dollar-GF  
**2:00 Guitar & Singing with Doug Barker-MPR**  
3- Birthday Celebration-MPR

**26** **Barber Services**  
9:30 Arthritis Exercise-MPR  
**12:30 Annual Thanksgiving Feast-MDR**  
3:00-Bingo MDR  
  
3:30 Popcorn Social-FP

**27** 9:00 Walking Club-FL  
**9:30 Podiatry Services w/KG Health Partners-Salon**  
10:00 Hot Beverages Social-MPR  
12:00 Prayer @ the flag pole  
**2:00 Bible Study w/ Pastor John-MPR**  
3:00 Porch Pals & Corn Hole



**29** 9:00 Walking Club-FL  
10-11 Blood Pressure & Weight Clinic-FR  
  
2:00 Movie On The Big Screen-MPR

**30** Puzzles Table located on the 2<sup>nd</sup> floor  
  
2:00 Left, Right, Center Dice Game-PDR  
Bird Aviary located on the 2<sup>nd</sup> floor across from the MPR

ALL ACTIVITIES ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE POSTED. RICE ESTATE 100 FINLEY RD COLUMBIA SC 29203, 8036915727