November 2026

INDEPENDENT LIVING CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel ylight Saving Time Ends	**2** **Nail Tech Services** 9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Walmart)-GF 2:00 Art Class with Sharon Funderburk-MPR 3:15 Calendar Review-PDR	**3** **Beautician Services** 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR **3:15 Dining Committee Meeting-MDR** 3:30 Porch Pals w/ Music & Lemonade-FP	**4** 9:30 Walking Club-GF **12Noon Prayer w/Pastor John** MPR **1:45 Bus Departs for The Nail Spa-GF/FL** **2:00 Bible Study w/Pastor John-MPR**	**5** 9:30 Arthritis Exercise Class-MPR **10:30 Scripture, Prayer, & Song w/ Pastor John-MPR** **3:00 Mah Jongg Class w/ Mr. Dore Montes-AL Dining Room** **3-5 Meet & Greet your Carana Health Providers-MPR**	**6** 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Walking Club-GF **11:30 Golf Cart Rides to CD Fashions Shopping (Arbor Rehab)-FL** **2:00 Bridge Club-(2nd floor game room)**	**7** Puzzle table located on the 2nd floor **2:00 Left, Right, Center Dice Game-PDR** Bird aviary located on the 2nd floor across from the MPR
8 11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel Diwali (Hindi)	**9** **Nail Tech Services** 9:00 Morning stretches-MPR **10:30 Vocalists Paul & Karla Hughes-MPR** **2:00 Cardio Drumming Exercise Class-MPR**	**10** **Barber Services** **LIBRARIAN SERVICES** **Beautician Services** 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR **10:30 First Baptist of Columbia Senior Choir-MPR** 2:00 Bingo-MDR 3:15 Golf Cart Rides Around Campus-FP	**11** 9:30 Walking Club-GF **12Noon Prayer w/Pastor John** MPR **2:00 Pianist Jim Koltuniak (patriotic songs)-MPR** **3:30 Veterans Day Trivia & Pinning-MPR** Veterans Day Remembrance Day (Canada)	**12** 9:30 Arthritis Exercise Class-MPR **10:30 Dealing with Grief during the holidays, Presented by Lutheran Hospice-MPR** **2:00 Book Club-PDR** **3:00 Mah Jongg Class w/ Mr. Dore Montes-AL Dining Room**	**13** 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Walking Club-GF **2:00 Bridge Club-(2nd floor game room)** **2:00 Musical Break Band-MPR**	**14** Puzzle table located on the 2nd floor **2:00 Reflections of Bluegrass Band-MPR** Bird aviary located on the 2nd floor across from the MPR
15 11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	**16** **Nail Tech Services** 9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Walmart)-GF **3:00 Hand & Foot Card Game-SS**	**17** **Beautician Services** 9:30 Arthritis Exercise-MPR 10 Morning Motivation-MPR **12noon Annual Thanksgiving Feast Luncheon-MDR** **1:45 Bus Departs for Tuesday w/Friends @ The Beth Shalom Synagogue-GF/FL**	**18** 9:30 Walking Club-GF 10:30 Fall Crafts-MPR **12Noon Prayer w/Pastor John** MPR **2:00 Clouds Creek Band-MPR** **6:15 Movie Night-MPR**	**19** 9:30 Arthritis Exercise Class-MPR **10:30 Scripture, Prayer, & Song w/ Pastor John-MPR** **2:00 IL Meeting w/ Administrator Daniel-MPR** **3:30-4:30 Happy Hour Social-MDR**	**20** 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Walking Club-GF **11-3 Shopping w/Debbie's Boutique Arbor Rehab/Golf Cart Rides Offered-FL** **2:00 Bridge Club-(2nd floor game room)** 2:00 Movie on the big screen w/ popcorn-MPR	**21** Puzzle table located on the 2nd floor **2:00 BINGO w/ Rhema-MPR** Bird aviary located on the 2nd floor across from the MPR
22 11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	**23** **Nail Tech Services** 9:00 Morning stretches-MPR 10:00 Coffee, Cocoa, Tea & Conversation-MPR **2:00 Fall Fashion Show-MPR**	**24** **Barber Services** **LIBRARIAN SERVICES** **Beautician Services** 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:30 Porch Pals, music, popcorn & lemonade-FL	**25** 9:30 Walking Club-GF **12Noon Prayer w/Pastor John** MPR **2:00 Bible Study w/Pastor John-MPR**	**26** Happy Thanksgiving!	**27** Puzzle table located on the 2nd floor Bird aviary located on the 2nd floor across from the MPR	**28** Puzzle table located on the 2nd floor **2:00 Left, Right, Center Dice Game-PDR** Bird aviary located on the 2nd floor across from the MPR
29 11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	**30** **Nail Tech Services** 9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Dollar Tree/Family)-GF/FL **2:00 Music Performance w/Doug Barker-MPR** **3:00 Birthday Celebration-MPR**					

ACTIVITY LOCATIONS:
Back Courtyard-BCY
Fitness Room-FR
Front Lobby-FL
Front Porch-FP
Garden Floor-GF
Main Dining Room-MDR
Multi-Purpose Room-MPR
Sycamore Suites-SS

ALL ACTIVITIES ARE SUBJECT TO CHANGE. ALL CHANGES WILL BE POSTED. RICE ESTATE 100 FINLEY RD. COLUMBIA, SC 29203