

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITY LOCATIONS: Back Courtyard-BCY Fitness Room-FR Front Lobby-FL Front Porch-FP Garden Floor-GF Main Dining Room-MDR Sycamore Suites-SS Multi-Purpose Room-MPR				October 2026 INDEPENDENT LIVING CALENDAR		
2:00 Worship Service w/Pastor John-MPR/Chapel 	4 Nail Tech Services  9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Walmart)-GF 10:30 Music w/Vocalists Paul & Karla Hughes-MPR 2:00 Calendar Review-PDR 3:00 Hand & Foot Card Game-SS	5 Beautician Services  9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:15 Dining Committee Meeting-MDR 3:30 Golf Cart Tour Rides Around Campus-FL	6 9:30 Walking Club-GF 10:30 Art Class with Sharon Funderburk-MPR 12Noon Prayer at the Pole w/Pastor John MPR 1:45 Bus Departs for The Nail Spa-GF/FL 2:00 Bible Study w/Pastor John-MPR	7 9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Book Club Review of "Theo of Golden"-PDR 3:00 Mah-Jongg Class w/ Mr. Dore Montes-AL Dining Room	8 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Walking Club-GF 2:00 Bridge Club-(2nd floor game room) 4:30 Cello & Violin Recital w/students of Karen Dawsen Van Veen-MPR	3 Puzzle table located on the 2 nd floor 2:00 Left, Right, Center Dice Game-PDR Bird aviary located on the 2 nd floor across from the MPR Simchat Torah Begins
2:00 Worship Service w/Pastor John-MPR/Chapel 	11 Nail Tech Services  9:00 Morning stretches-MPR 10:00 Coffee, Cocoa, Tea & Conversation-MPR 2:00 Cardio Drumming Exercise Class-MPR  Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12 Barber Services  LIBRARIAN SERVICES Beautician Services 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 1:45 Bus Departs for Tuesday w/Friends @ The Beth Shalom Synagogue-GF/FL	13 9:30 Walking Club-GF 10:00 Bus Departs for Publix-GF/FL 12Noon Prayer at the Pole w/Pastor John-MPR 2:00 Pianist Jim Koltuniak-MPR 3:15 Porch Pals' w/ music & lemonade-FP	14 9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/Pastor John-MPR 2:00 IL Meeting w/ Administrator Daniel-MPR 3:30 Happy Hour w/Daniel's Pizza & Music w/Chuck G-MDR	15 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Bus Departs for "The Lunch Bunch Outing" to I Hop-GF/FL 2:00 Bridge Club-(2nd floor game room) 3:00 Karaoke Fun-MPR	16 Puzzle table located on the 2 nd floor 2:00 BINGO w/ Rhema Church-MPR  Bird aviary located on the 2 nd floor across from the MPR
2:00 Worship Service w/Pastor John-MPR/Chapel 	18 Nail Tech Services  9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Walmart)-GF/FL 2:00 Cooking Demonstration w/Chef Rick (Tuscon Chicken)-MDR 3:00 Hand & Foot Card Game-SS	19 Beautician Services  9:30 Arthritis Exercise-MPR 10:30 Mapping your Personal Care Circle-MDR 2:00 Bingo-MDR  3:30 Golf Cart Tour Ride Around Campus-FL	20 9:30 Walking Club-GF 10:30 Bus Departs for The SC State Fair (\$5 Senior Day)-GF/FL 12Noon Prayer at the Pole w/Pastor John-MPR 2:00 Clouds Creek Band-MPR 6:15 Movie Night-MPR	21 9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Musical Break Band-MPR 3:00 Mah-Jongg Class w/ Mr. Dore Montes-AL Dining Room	22 9:30 Chair Zumba-MPR 10-11 Blood Pressure &Weight Clinic-FR 11:15 Nature Trail Walking Club-GF 2:00 Photographer James Steamer slideshow about Birds from North America)-MPR 2:00 Bridge Club-(2nd floor game room)	23  Fall Festival 2-4pm outdoors in front of Bernardin (food, fun, car show, vendors, live music & games) w/The Reflections of Bluegrass Band-
2:00 Worship Service w/Pastor John-MPR/Chapel 	25 Nail Tech Services  9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Dollar Tree/Family)-GF/FL 2:00 Music Performance w/Doug Baker-MPR 3:00 Birthday Celebration-MPR 	26 Barber Services  Beautician Services 8:30-10-First Responders Breakfast in the MDR 9:30 Arthritis Exercise-MPR 2:00 Bingo-MDR 3:15 Porch Pals w/ Autumn sweet treats & great music-FP	27 9:30 Walking Club-GF 10:30 Art Class – CY 12Noon Prayer at the Pole w/Pastor John-MPR 2:00 Bible Study w/Pastor John-MPR Evening Costume Ball with UofSC Fraternity & Sorority-TBA	28 9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Left, Right, Center Dice Game-PDR 3:00 Mah-Jongg Class w/ Mr. Dore Montes-AL Dining Room	29 COSTUME DAY! (Non-Scary) 9:30 Morning stretches-MPR 10-11 Blood Pressure &Weight Clinic-FR 9:30-10:30 Living Springs Pre-School Trick or Treaters 2:00 Halloween Costume Party w/ Fun trivia)-MPR	30 Puzzle table located on the 2 nd floor 2:00 Bingo & Magic w/Tim-MPR  Bird aviary located on the 2 nd floor across from the MPR Halloween

ALL ACTIVITIES ARE SUBJECT TO CHANGE. ALL CHANGES WILL BE POSTED. RICE ESTATE 100 FINLEY RD. COLUMBIA, SC 29203