

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: orange;">September 2023</h1> <h2 style="color: green;">Independent Living Calendar</h2>						Tender Loving Care offering-Free Foot Soak Friday! Call Andreak to RSVP: 8035568030 9:00 Walking Club-FL 10:30 Blood Pressure & Weight Clinic –LL 2:00 Movie on big screen TV-MPR
11:00 Inspirational TV (WLTX) 3:00 Worship Service w/ Pastor John –MPR	3 Happy Labor Day! <u>Nail Tech sign up @ front desk</u> 9:00 Walking Club 3:00 Porch Pals (Enjoy the Library, Bird Aviary & Chapel) <small>Labor Day</small>	4 Barber Services 9:30 Arthritis Exercise –MPR 10:00 Coffee & Current Events –MPR 2:00 Bingo –MDR 3:00 Porch Pals	5 9:00 Walking Club-FL 12Noon Prayer @ the flag pole 2:00 Bible Study w/ Pastor John-MPR 3:00 Calendar Review-PDR	6 Beautician Services 9:30 Arthritis Exercise –MPR 10:30 Scripture, Song & Prayer w/ Pastor John –MPR 2:00 Photography James Steamer slideshow Presentation –MPR 3:30 Card Club -CR	7 9:00 Walking Club-FL 10:30 Blood Pressure & Weight Clinic –LL 2:00 Farmer's Market-Front Lobby	8 Puzzle table located on the second floor. Bird Aviary on 2 nd floor across from MPR 2:00 Carolina Trio Band-MPR
10 Happy Grandparents Day! 11:00 Inspirational TV (WLTX) 3:00 Worship Service w/ Pastor John –MPR <small>Grandparents Day</small>	11 <u>Nail Tech sign up @ front desk</u> 9:00 Walking Club-FL 10:30 Yoga Class w/ Pam Rodregues- MPR 2:00 Ice Cream Sundae Bar –MPR 3:00 Porch Pals	12 Richland County Library Book Drop Off 9:30 Arthritis Exercise –MPR 10:00 Art Class w/ Sharon Funderburk " Fall Painting" 2:00 Bingo –MDR 3:00 Porch Pals	13 9:00 Walking Club-FL 10:00-11:00 Shopping Shuttle 12Noon Prayer @ the flag pole 2:00 Kick Off Of New Tone Chime Choir- MPR 3:00 Porch Pals	14 Beautician Services 9:30 Arthritis Exercise –MPR 10:30 Scripture, Song & Prayer w/ Pastor John –MPR 2:00 Pianist Jim Koltuniak –MPR 3:30 Card Club –CR	15 9:00 Walking Club-FL 10:30 Blood Pressure & Weight Clinic –LL 11:00 Laura's Tea Room Bus departs @ 11 am GF 2:00 Line Dance Party-MPR <small>Rosh Hashanah Begins</small>	16 Puzzle table located on the second floor. Bird Aviary on 2 nd floor across from MPR <small>Oktoberfest Begins</small>
11:00 Inspirational TV (WLTX) 1:30 Sound Of Music @The Town Theater Bus departs @1:30 from GF 3:00 Worship Service w/ Pastor John –MPR	17 <u>Nail Tech sign up @ front desk</u> 9:00 Walking Club-FL 10:30 Cruise Ship Performance w/ Paul & Karla Hughes –MPR 2:00 Wine & Cheese Social & welcoming our new comers - MPR	18 Barber Services 9:30 Arthritis Exercise –MPR 10:00 Coffee & Current Events –MPR 2:00 Bingo –MDR 3:00 Porch Pals	19 9:00 Walking Club-FL 11:00 Lunch & Learn –MPR 12Noon Prayer @ the flag pole 2:00 Wellness Wednesday's Topic The Importance of Proper Rest-MPR 3:00 Porch Pals	20 Beautician Services 9:30 Arthritis Exercise –MPR 10:30 Scripture, Song & Prayer w/ Pastor John –MPR 2:00 Meeting w/ Administer Daniel Amodio-MPR 3:30 Card Club-CR	21 9:00 Walking Club-FL 10:00 Old McCaskill's farm Bus departs @ 10am GF 10:30 Blood Pressure & Weight Clinic –LL 2:00 Movie on big screen TV-MPR	22 Puzzle table located on the second floor. Bird Aviary on 2 nd floor across from MPR 2:00 Bingo w/ (ROD) Rhema Outreach Department –MPR <small>Autumn Begins</small>
11:00 Inspirational TV (WLTX) 3:00 Worship Service w/ Pastor John –MPR <small>Yom Kippur Begins</small>	24 <u>Nail Tech sign up @ front desk</u> 9:00 Walking Club-FL 10:00 Yoga Class w/Pam Rodregues-MPR 11:00 Interesting People Presentation w/ Pastor Mark Bredholt- MPR 2:00 Birthday Celebration-MPR	25 Barber Services 9:30 Arthritis Exercise –MPR 10:00 Coffee & Current Events –MPR 2:00 Bingo –MDR 3:00 Porch Pals	26 9:00 Walking Club-FL 10:00-11:00 Shopping Shuttle 12Noon Prayer @ the flag pole 2:00 Bible Study w/ Pastor John-MPR 3:00 Porch Pals	27 Beautician Services 9:30 Arthritis Exercise –MPR 10:30 Scripture, Song & Prayer w/ Pastor John –MPR 2:00 Arthritis Exercise –MPR 3:30 Card Club-CR 4:30 Happy Hour –MDR	28 9:00 Walking Club-FL 10:30 Blood Pressure & Weight Clinic –LL 2:00 Movie on big screen TV-MPR	29 Puzzle table located on the second floor. Bird Aviary on 2 nd floor across from MPR <small>Sukkot Begins</small>
30 11:00 Inspirational TV (WLTX) 3:00 Worship Service w/ Pastor John –MPR						30 Puzzle table located on the second floor. Bird Aviary on 2 nd floor across from MPR

All activities are subject to change. Any change in schedule will be posted. Rice Estate, 100 Finley Rd Columbia SC, 29203 803-691-5720