

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITY LOCATIONS BACKYARD COURTYARD-BCY GARDEN FLOOR-GF FITNESS ROOM-FR FRONT LOBBY-FL FRONT PORCH-FP LAUREL LANE-LL MAIN DINING ROOM-MDR MULTI-PURPOSE ROOM-MPR MYRTLE COURT-MC SYCAMORE SUITES-SS		Barber Services Beautician Services 9:30 Arthritis Exercise-MPR 10 Morning Motivation-MPR 2:00- Bingo-MDR 3:15 Dining Committee Meeting-MDR 3:45– Porch Pals with music of Al Mohn-FP	9:30 Walking Club-GF 10:30 Chair Yoga/Fit USA-MPR 12Noon Prayer at the Pole w/Pastor John 2:00 Bible Study w/Pastor John-MPR 3:15 Calendar Review	9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Show & Tell-Bring a meaningful item or photo and share the story!-MPR 3:00 Mah Jongg Class with Dore Montes-AL Dining Room	Team Jersey/Team Colors Day 9:30 Morning stretches-MPR 10-10:45 Wellness Clinic-Weights/Blood Pressures-FR 10:30 Art Class with Artist Sharon Funderburk-MPR 11:00 Walmart Shopping Shuttle (no shopping on Labor Day) 2:00Bridge Game-2 nd floor Game Room) 3:15 Tailgating Fun with Corn Hole Game -FP	Puzzle table located on the unit 2:00 Reflections of Bluegrass Band Performance-MPR Bird aviary located on the 2 nd floor across from the MPR
11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	HAPPY Labor Day Enjoy a Labor Day Festive Lunch!	LIBRARIAN SERVICES Beautician Services 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:15 – Porch Pals with Lemonade	9:30 Walking Club-GF 10:30 Coffee Club Social-MPR 12Noon Prayer at the Pole & remembering 9/11 w/Pastor John 2:00 Pianist, Jim Koltuniak-MPR	9:30 Arthritis Exercise Class-MPR 10:00 Ribbon Cutting Ceremony for the Nature Trail-Outdoors at entrance to the Trail! 2:00 Book Club/Reviewing Judge Stone-IL-PDR 3:00 Mah Jongg Class with Dore Montes-AL Dining Room	9:30 Morning stretches-MPR 10-11 Wellness Clinic-Weights/Blood Pressures-FR 11:15 Walking Club-GF 2:00 Bridge Game-(2 nd floor Game Room) 3:00 Grandparents Day Ice Cream Social-MDR Held in Dining Room-(MPR will be reserved for a private party set up)	12 Noon – 2p.m. Birthday Party for Grace Boozer’s 100th Birthday! -MPR
11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	Nail Tech Services 9:00 Morning stretches-MPR 10:30 Vocalists, Paul & Karla Hughes-MPR 2:00 Hand & Foot Card Game-SS 3:00 Karaoke Fun in the MPR	Barber Services Beautician Services 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:30 Cardio Drumming Fitness Class-MPR	9:30 Walking Club-GF 10:30 Fall into Learning/ Harvest Your Health-MDR 12Noon Prayer at the Pole w/Pastor John 2:00 Clouds Creek Band-MPR 6:15 Movie Night & Popcorn-MPR	9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Resident Meeting with Daniel-MPR 3:30 Southern Favorites Happy Hour Social-MDR With Vocalists, Hank & Beth Martin & welcome Newcomers	9:30 Morning stretches-MPR 10-11- Wellness Clinic-Weights/Blood Pressures-FR 11:15 Thrifting at Goodwill-FP 2:00 Bridge Game-(2 nd floor Game Room) 2:00 Movie on the Big Screen-with Popcorn-MPR	10:30 Spring Valley HS Cheerleaders volunteering to host Bingo & Trivia!-MPR 2:00 BINGO w/ ROD Rhema Outreach Department/Rhema Church-MPR
11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	Wear Purple Day for Alzheimer’s Awareness! Nail Tech Services 9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Walmart)-GF 2:00 Meet the Artist Reception-MPR/Art Hallway	Beautician Services 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:15 First Day of Fall Social on the Back Patio	9:30 Walking Club-GF 10:30 Outing: Picnic at Lake Murray 12Noon Prayer at the Pole w/Pastor John 2:00 Bible Study w/Pastor John-MPR 3:30 Bus Departs for Blythewood Farmer’s Market-GF	9:30 Arthritis Exercise Class-MPR 10:30 Scripture, Prayer, & Song w/ Pastor John-MPR 2:00 Musical Break Band-MPR 3:00 Mah Jongg Class with Dore Montes-AL Dining Room	9:30 Morning stretches-MPR 10-11- Wellness Clinic-Weights/Blood Pressures-FR 11:15-Golf Cart Ride over to Arbor for Shopping with CD Fashions in the Arbor Lobby 2:00 Bridge Game-(2nd floor Game Room) 2:00 Movie on the Big Screen-with Popcorn-MPR	Puzzle table located on the unit 2:00 Left, Right, Center Dice Game-PDR Bird aviary located on the 2 nd floor across from the MPR
11:00 Inspirational TV (WLTX) 2:00 Worship Service w/Pastor John-MPR/Chapel	Nail Tech Services 9:00 Morning stretches-MPR 10:00 Shopping Shuttle (Dollar Tree/Family Dollar)-GF 2:00 Guitar Music Performance w/Doug Barker-MPR 3:00 Birthday Celebration-MPR	Barber Services Beautician Services 9:30 Arthritis Exercise-MPR 10:00 Morning Motivation-MPR 2:00 Bingo-MDR 3:15 Porch Pals & Poetry with Apple Treats-FP	9:30 Walking Club-GF 10:30 Fall Craft Class-MPR 12Noon Prayer at the Pole w/Pastor John 2:00 Hand & Foot Card Game-SS	September 2026 INDEPENDENT LIVING CALENDAR		

ALL ACTIVITIES ARE SUBJECT TO CHANGE. ALL CHANGES WILL BE POSTED. RICE ESTATE 100 FINLEY RD. COLUMBIA SC 29203